



# SPPACE

## San Pasqual Parent Academic Course Engagement

Kenia Rodriguez  
Guidance and Family Coordinator



# Mission and Purpose

## OUR MISSION IS TO EMPOWER, ENGAGE, AND CONNECT

- EMPOWER PARENTS THROUGH PARENT LEARNING COURSES TO NAVIGATE RESOURCES
- ENGAGE FAMILIES TO TAKE TARGETED ACTION TO ACHIEVE COLLEGE AND CAREER-READY GRADUATES
- CONNECT FAMILIES TO DISTRICT AND COMMUNITY RESOURCES TO SUPPORT STUDENT AND THEMSELVES

THE K-12 PARENTING SUPPORT PROGRAM SPPACE CURRICULUM IS STRENGTH BASED AND IS GROUNDED IN THE PROTECTING FACTORS FOR BUILDING STRONGER FAMILIES. IN ADDITION, IT IS DESIGNED TO PROVIDE PARENTS AND OR LEGAL GUARDIANS WITH THE NECESSARY SKILLS AND KNOWLEDGE, PARTICULARLY IN THE AREAS OF COMMUNICATION, FAMILY WELL-BEING, EARLY LITERACY, BILINGUALISM, ATTENDANCE, POSITIVE PARENTING PRACTICES AND SELF-AWARENESS, TECHNOLOGY USE, STRESS MANAGEMENT, CIVIC ENGAGEMENT, PARENT LEADERSHIP, GOAL SETTING, COLLEGE, CAREER AND WORKFORCE REEDINESS, EDUCATIONAL FINANCE (FAFSA), WHILE EMPHASIZING THE IMPORTANCE OF SELF-CARE AND PARENTAL RESILIENCE. THE OVERALL GOAL OF THE CURRICULUM IS TO EQUIP FAMILIES, PARENTS AND OR LEGAL GUARDIANS WITH THE KNOWLEDGE, TOOLS, AND CONFIDENCE TO SUPPORT THEIR CHILDREN'S SUCCESS AND TO BE AFFECTIVE ADVOCATES ON BEHALF OF THEIR FAMILIES.

## K-12 Parenting Support Program Workshops

Location: SPVUSD Cafeteria, Library or via ZOOM

- Workshops will be provided in person or via ZOOM in a once-a-month series of 1.5 or 2 hours.
- All workshops will be offered in both English and Spanish

# K-12 PARENTING SUPPORT PROGRAM WORKSHOP SCHEDULE FALL 2022

Language	DATE	TIME	LOCATION	WORKSHOPS
English Session	Wednesday, August 31, 2022	5:00pm-7:00pm	Cafeteria	BACK TO SCHOOL: KEYS TO SUCCESS
Spanish Session	Thursday, September 1, 2022	5:00pm-7:00pm	Cafeteria	REGRESO A CLASES: CLAVES PARA EL EXITO
English Session	Wednesday, September 21, 2022	5:00pm-7:00pm	Library	FINANCIAL AID: HOW DO I HELP MY STUDENT PAY FOR COLLEGE?
Spanish Session	Thursday, September 22, 2022	5:00pm-7:00pm	Library	AYUDA FINANCIERA: ¿CÓMO AYUDO A MI ESTUDIANTE A PAGAR LA UNIVERSIDAD?
English Session	Wednesday, October 19, 2022	5:00pm-7:00pm	Library	COLLEGE GOING PLANNING: ARE YOU READY FOR YOUR SENIOR TO FLY THE NEST?
Spanish Session	Thursday, October 20, 2022	5:00pm-7:00pm	Library	PLANENADO: ESTAN LISTOS PARA QUE SU ESTUDIATE VUELE EL NIDO?
English Session	Wednesday, November 16, 2022	5:00pm-7:00pm	Cafeteria	STEAM / STEM
Spanish Session	Thursday, November 17, 2022	5:00pm-7:00pm	Cafeteria	STEAM / STEM
English Session	Wednesday, December 7, 2022	5:00pm-7:00pm	Cafeteria	EDUCATIONAL POSADA
Spanish Session	Thursday, December 8, 2022	5:00pm-7:00pm	Cafeteria	POSADA EDUCACIONAL

# K-12 PARENTING SUPPORT PROGRAM WORKSHOP SCHEDULE SPRING 2023- TBD

Language	DATE	TIME	LOCATION	WORKSHOPS
English Session	Wednesday, January	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
Spanish Session	Thursday, January	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
English Session	Wednesday, February	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
Spanish Session	Thursday, February	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
English Session	Wednesday, March	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
Spanish Session	Thursday, March	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
English Session	Wednesday, April	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
Spanish Session	Thursday, April	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
English Session	Wednesday, May	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD
Spanish Session	Thursday, May	5:30pm-7:30pm	H.S Library, Cafeteria or ZOOM	TBD

# WORKSHOP TOPICS AND IDEAS

Parent Group	Workshop Topic	Workshop Details
All Parents	Back to School Basics	This workshop will provide parents information they can use to help improve school performance and start the year off on the right foot. We will also provide tips for school and homework routines, test-taking skills, organizational skills, and the importance of parental involvement.
Elementary Parents	KEYS to success in Elementary School	This workshop will focus specifically on three KEYS to success for elementary school students. Parental involvement, communication, and organization. We will also talk about how to get the most out of your student's parent teacher conferences.
Middle and High School Parents	KEYS to success in Middle and High School	KEYS to success in Middle and High school will examine both social and academic aspects of schools, and how it can lead into success at the college level.
All Parents	College is for everyone!	Parents will learn about the higher education opportunities that they have available to them and about the resources local community colleges have. They will also learn about the CTE programs that both AWC and IVC offer and how they can get enrolled.

# WORKSHOP TOPICS AND IDEAS

Parent Group	Workshop Topic	Workshop Details
All Parents	Technology Academy for parents	<p>Hands-on learning approach designed to help parents gain the technological skills necessary to better communicate with school personnel and to assist their children with schoolwork.</p> <p><b>**Parents learn how to overcome the fear of technology, and how to be better prepared to support their children's education</b></p>
All Parents	STEAM / STEM	<p>STEM / STEAM: Parents will learn how to design their own STEAM Project. The goal is for parents to help their children be college and career-ready via STEAM projects.</p>
Senior Parents	College Going planning: Are you ready for your senior to fly the nest?	<p>Senior year in high school can be an emotional time not only for students. As parents, you may worry if they are ready to leave home and what else can you do to prepare them for their independent lives. In this workshop, we will be talking and strategizing about some things you as a parent can do to help your child to fly the nest.</p>
K-5th	Early Exploration: The power of Music	<p>The Power of Music: Move, Groove, and Read</p> <p>Exposing children to music and reading as early as possible will aid in developing brain areas, increase spatial intelligence, and improve math skills, among many other benefits.</p>

# WORKSHOP TOPICS AND IDEAS

Parent Group	Workshop Topic	Workshop Details
All Parents	Communication 360	Establishing and keeping the lines of communication open between parents, students and teachers is critical for academic success. Join us as we share practical ideas and strategies on how to build and maintain a 360-degree communication between you, your child, and your child teacher.
High School Parents	The Parent Project (Workshop for both parents and students)	Blueprint for Academic Success: course workshop that will address parents can help their student map out their academic plan to graduate high school on time in spite of the multiple transitions and fulfill common college entrance requirements for incoming freshmen.
Elementary Parents	Early Childhood Development	<p>Reading with warriors</p> <ul style="list-style-type: none"> <li>· Reading workshop that will allow parents to develop a love for reading in their children.</li> <li>· The workshop will be designed to help parents gain the necessary skills to better prepare their children for the elementary school years and higher academic grades.</li> </ul>

# WORKSHOP TOPICS AND IDEAS

Parent Group	Workshop Topic	Workshop Details
All Parents	Tackling Homework Hassle (Football theme)	This Workshop will explore ways to encourage good study habits, provide support and motivation at home as well as how to work with your child's teacher and make sure your child gets the most out of homework.
Juniors and seniors Parents	Financial Aid Workshops: How do I pay for it all?	<ul style="list-style-type: none"> <li>·Understanding Financial Aid</li> <li>·FAID Completion for both student and parent</li> <li>·Completing the FAFSA application</li> </ul>
Spanish Speaking Parents	English Language Develop Workshops for Parents	<ul style="list-style-type: none"> <li>·An interactive, innovative, and fun language workshop designed to help Parents gain the skills necessary to better communicate with school personnel and their children.</li> <li>·The workshop development will use input from parents, teachers, and school staff to develop a parent teaching methodology that is fun and effective.</li> <li>**Parents will learn based on a conversational and friendly environment.</li> </ul>
All Parents	Let's Go to College! (Workshop for both the parents and student)	The preparation workshop will encourage both students and families to be college ready. Participants will receive guidance on the college admission process, including testing, scholarships and the FAFSA application process.



# WORKSHOP TOPICS AND IDEAS

Parent Group	Workshop Topic	Workshop Details
All Parents	College and Career Academy (Workshop for both the parent and student)	<ul style="list-style-type: none"> <li>· College Bound and Career Workshop</li> </ul> Designed workshop that helps parents understand and help their children successfully prepare for higher education and career readiness.
All Parents	Stress Relief	<ul style="list-style-type: none"> <li>· Stress relief workshop for parents (Parent movie night, Paint night-painting with SPPACE, Planting, etc)</li> </ul>
Middle and High School Parents	Educational Opportunities for Students in Special Education- College Level	This workshop encourages participants to track of their expenses (considered wants and needs) and learn how to save for college.
8th grade parents	Staying Engaged with Your Junior High Student: Step Back, not out	This workshop discusses family engagement and involvement at the middle school level. Participants explore ways that parents can stay engaged in their teenagers' lives.