

October
2009

KID'S WAY CAFE

MAIN EVENT

MENU ITEMS ARE SUBJECT TO CHANGE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Spaghetti Zucchini Roll	2 Super Nachos Abondiga Soup
5 Sweet & Sour Chicken Eggroll Lo Mein Noodles Fortune Cookie	6 Hamburger, Baked Doritos, Carrots, Teddy Grahams, Fruit Cup	7 Sack Lunch- Sandwich	8 Beef Finger Mashed Potato Gravy Green Beans	9 No School Native American Day
12 Marconi & Cheese & Franks Green Beans Dinner Rolls	13 Chicken Nug- gets Tater Tots Mixed Veggies	14 Chili Fries Mex Corn Shape Up	15 Open Turkey Sandwich Mashed Potatoes Peas	16 Grilled Cheese Green Beans
19 Baked Chicken Cream Broccoli Dinner rolls	20 Chili Con carne Beans tortilla	21 Sloppy Joe's Tater Tots Peas	22 Beef Tostadas Rice & Beans	23 Cheese Sand- wich Cream Broccoli Soup Shape Up
26 Chicken Wings Marconi & Cheese	27 B B Q Sandwich Tater Tots Baked Beans Chips	28 Chicken Fa- jita Beans & Rice	29 Chicken Mole Spanish Rice Corn	30 Chili Beans Mixed Veggies Cornbread
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza	Corndog	Pizza	Hamburger	Chicken Sandwich

		Sub Sandwich M/S-H/S		
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FROM THE GARDEN

Monday	Tuesday	Wednesday	Thursday	Friday
Various Salads	Various Salads	Various Salads	Various Salads	Various Salads
Veggies (Variety of Cucumbers, Tomatoes, Cheese, Olives, Pickles, Cot- tage Cheese, Jello, etc.)	Veggies (Variety of Cucumbers, Tomatoes, Cheese, Olives, Pickles, Cot- tage Cheese, Jello, etc.)	Veggies (Variety of Cucumbers, Tomatoes, Cheese, Olives, Pickles, Cot- tage Cheese, Jello, etc.)	Veggies (Variety of Cucumbers, Tomatoes, Cheese, Olives, Pickles, Cot- tage Cheese, Jello, etc.)	Veggies (Variety of Cucumbers, Tomatoes, Cheese, Olives, Pickles, Cottage Cheese, Jello, etc.)
Fresh & Canned Fruit	Fresh & Canned Fruit	Fresh & Canned Fruit	Fresh & Canned Fruit	Fresh & Canned Fruit
<i>Non-Fat Chocolate and 1% Low Fat Milk choices offered daily.</i>				



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BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza Or Oatmeal Yogurt Granola Bar	Breakfast on Stick Or Cereal Breakfast Bar	Cereal Or Oatmeal Cereal	Breakfast Burritos Or Cereal Breakfast Burrito	
Breakfast Pizza Or Oatmeal Yogurt Granola Bar	Breakfast on Stick Or Cereal Breakfast Bar	Cereal Or Oat meal Cereal	Breakfast Burritos Or Cereal Breakfast Burrito	Bagel & Cream Cheese Or Oatmeal Bagel & Cream Cheese
Breakfast Pizza Or Oatmeal Yogurt Granola Bar	Breakfast on Stick Or Cereal Breakfast Bar	Cereal Or Oatmeal Cereal	Breakfast Burritos Or Cereal Breakfast Burrito	Bagel & Cream Cheese Or Oatmeal Bagel & Cream Cheese
Breakfast Pizza Or Oatmeal Yogurt Granola Bar	Breakfast on Stick Or Cereal Breakfast Bar	Cereal Or Oatmeal Cereal	Breakfast Burritos Or Cereal Breakfast Burrito	